

# Operation Encompass- a support guide for Early Years Settings, Schools and other Educational Establishments in Cumbria

#### Introduction

Operation Encompass is funded in partnership between Cumberland Council, Westmorland and Furness Council, the Office of the Police, Fire and Crime Commissioner and Cumbria Police.

As learning establishments, you are the frontline responders in helping familes recover from the effects of Domestic Abuse. Your efforts do not go unnoticed- thank you for all you do.

The Code Of Practice for Victims of Crime in England and Wales are baseline standards for victims of all crime. Under the Dometic Abuse Act 2021, Babies, Children and Young People- BCYP's- are defined as victims in their own right if they see, hear or are otherwise affected by Domestic Abuse.

Therefore, **Point 1** "To be able to understand and to be understood" and **Point 4** "To be referred to services that support victims and have services and support tailored to your needs" of the Victims Code are particularly important for Babies, Children and Young People

This document contains details of specialist organisations in Cumbria who provide support to BCYPS who have experienced Domestic Abuse, as well as links to training opportunities and resources that educational establishments can use to provide direct support.

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#### Operation Encompass Figures for 01/09/2024- 02/09/2025

(Please note a 'referral' is classed as an individual child)

**6308** referrals in total (children that have been looked at and considered for op encompass including the non-disclosed)

4509 referrals disclosed on. (total above minus the non-disclosures)

#### Autumn Term - Sep 2024 - Dec 2025 (Including Christmas Holidays)

**2251** in total **Holiday Emails** – 332 **Hate Crimes** - 51

Area:-

WAF - 936

**CUMB - 1301** 

OFA - 14

#### Spring Term - Jan 2025 - April 2025 (includes Easter holidays)

**1678** in total **Holiday Emails** 185 **Hate Crime** - 38

Area:-

WAF - 661

**CUMB - 981** 

**OFA - 36** 

#### Summer Term April 2025 – July 2025

**1704** in total Holiday Emails 127 Hate Crime 51

Area:-

WAF - 653

CUMB - 1031

OFA - 20

#### Summer Holidays 2025

675 in total Hate Crime 11

Area:-

WAF - 280

**CUMB - 375** 

#### **Breakdown by Area totals**

WAF 2530

**CUMB 3688** 

OFA 90

Of these referrals for the year: -

1799 of them were marked as ND (Not Disclosed various reasons)

151 of them were hate crimes

848 of them related to a young person – under the statutory school age

414 of them related to an older student – over year 11 up until they turn 18.

#### FIGURES BY SAF REPORT

**3044** SAFS in total (reports that have been looked at and considered for op encompass including the non-disclosed)

2396 SAFS disclosed on. (total above minus the non-disclosures)

Autumn 1104

Spring 825

Summer 782

Summer Hols 333

#### **Explanatory notes:**

**OFA-** Out of Force Area –incident might have happened outside of Cumbria but involve children that normally reside here

**Non-disclosure** – the incident might be historic and have happened before the child was born, the incident might be over social media/text so we don't generally disclose on those as BCYP won't be aware

**SAF-** Safeguarding Adult Alert Form



Supporting children through key adults

#### Dear Parent/Carer

Our setting has been given the opportunity to take part in a project that will run in partnership between Cumberland Council, Westmorland and Furness Council, the Office of the Police, Fire and Crime Commissioner and Cumbria Police.

The project, Operation Encompass, has been designed to provide early reporting to schools/nurseries/colleges of any domestic abuse incidents that occur outside of the setting's hours and might have an impact on a child attending setting the following day. The information will be shared on weekdays during school term time.

When incidents occur over the weekend or in school holidays, the Operation Encompass Designated Officer will contact the relevant setting at the earliest opportunity to provide disclosure to the Designated Safeguarding Lead or their deputy within that setting.

A Designated Safeguarding Lead, or their deputy, has been trained to liaise with the Operation Encompass Designated Officer. Staff within an education/childcare setting will be able to use information that has been shared with them by Operation Encompass, in confidence, to ensure that the setting is able to make provision for possible difficulties experienced by children or their families. Information will be shared, on a needs-to-know basis only, where it is identified that a child or young person was present, witnessed, or was involved in a domestic abuse incident.

Further information on Operation Encompass is available here Operation Encompass Cumbria

We are keen to offer the best possible responses for all children across Cumbria, and believe that Operation Encompass is beneficial and supportive for all those involved.











#### Registered Charity Number 1164998

### SafetyNet 'Your space' Whole school approach

Has been developed to offer preventative and, where necessary, reactive support within schools across Cumbria, offering staff CPD training, year group workshops, small group work, direct individual work and parental support throughout the academic year.

We approach our work using a trauma-informed perspective, supporting discussion and education using topics that professionals encounter with young people and families.

The offer to Schools explores a shared understanding of a variety of challenging subjects including relationships, healthy versus unhealthy, abuse, consent, pornography, online safety, exploitation, and personal trauma. Our work in schools is planned with school senior leadership and safeguarding teams to be delivered with sensitivity and safety as key components.

'Your Space' Individual work is initially 6 sessions of 1:1 trauma Informed support where Trauma informed practitioners allocated to individual schools hold a safe space for young people referred to this element of our service. With wrap around family, professional or additional referred support can be agreed.

We endeavour with consent and choice to increase young people's understanding of healthy boundaries, additional professional support, self-awareness, self-care, emotional resilience, and wellness within our work together with young people.

Your space – whole school project is currently working across Cumberland and Westmorland in Furness, holding contracts for another academic year in nine schools. The regional areas of Copeland, Allerdale, Carlisle and Eden. Currently we offer the Your Space whole school approach to: Whitehaven Academy, West Lakes Academy, St Benedict's catholic High School. Kirkby Stephen Grammar School, Caldew School, Appleby Grammar School.

Please contact office@safetynet.org and request a Your Space Referral Form or discuss options for Your School.

If your school is currently not one of those where our 'Your Space' programme is offered, please be aware that you can contact us to discuss a possible referral into our main service, which is offered outside of school.

You can make a referral through our website - <a href="https://safetynetuk.org/referral-form/">https://safetynetuk.org/referral-form/</a> or contact us to discuss any possible main service referrals before a referral is made on 01228 515859/ <a href="mailto:org">office@safetynetuk.org</a>



Registered Charity Number: 1187765

Supporting people in Cumbria that are; or have suffered from domestic and sexual abuse. We provide a free, long term holistic family approach.

#### **Victims/Survivors**

- any gender
- support clients that are still in the abusive environment and those that have left.
- improving their safety and security for themselves and their children.
- Helping them to recover from their trauma equipped with the resilience and skills to avoid future abusive relationships.

#### **Children and Young People**

Support children and young who are caught up in domestic abuse, as a victim or those starting to show abusive behaviours to cope with difficult situations and manage their emotional and physical responses in a healthy and positive way.

#### Perpetrators

- Any gender
- To establish the reason why they abuse.
- how they can recover from past experiences of their own abuse.
- change their behaviour so that they cease to abuse.

#### **Services Delivered**

- A confidential helpline, offering practical and emotional support. This is not a crisis line. Operating hours are 9am -5pm Monday-Friday.
- Befriending and Support Service (allows immediate support whilst waiting for counselling)
- 1-1 professional counselling for victims/survivors
- 1-1 professional counselling for children and young people
- 1-1 professional counselling for perpetrators
- A rolling educational group programme for victims/survivors
- CYP group sessions for primary age and under and secondary age up to 16
- McKenzie Friend support to those who need help, advice, and support through the family courts process or involved with Children's Services (this service is open to all women in West Cumbria) whether there has been abuse or not.

#### **Referral Process/contact**

- admin@freedom-project-west-cumbria.org.uk
- Office line 01900 67167
- Helpline **07712117986**



#### **Registered Charity Number 5424196**

#### **Protective Behaviours Programme**

Our Feeling Safe, Standing Strong Protective Behaviours Programme aims to create a supportive environment where young people can discuss sensitive issues in a non-threatening manner that will explore and encourage:

- What consent is
- What safety feels like & identifying risky situations
- Developing simple practical skills to ensure young people feel safe
- Creating trusted networks to talk to

The programme is available to schools across South Cumbria and Lancashire aimed at year 6 and year 9 pupils.

- We provide face to face and remote trauma informed counselling services
- We deliver play therapy, creative and sand tray therapy for children aged 4 and above
- We offer pre-trial therapy sessions to adults and children whilst involved in the criminal justice process
- We work with parents, carers, families, and friends of people affected by rape, sexual abuse, or sexualised violence
- We hold groups, peer support sessions and offer outdoor therapies
- We deliver educational programmes, training, and consultancy to other agencies voluntary and statutory
- We have online digital information and resources
- We raise awareness of the wider issues around rape, sexual abuse, or sexualised violence within our community

To discuss or make a referral please use the following contact details:

Email: enquiries@birchalltrust.org.uk

Cumbria Phone: 01229 820828



#### **Registered Charity Number 1104044**

Victim Support employ 6 Children Independent Domestic Violence Advocate's (CHIDVA's), funded via Cumberland Council, Westmorland and Furness Councill and the Office of the Police, Fire and Crime Commissioner

Our service provides one-to-one support for young people impacted by domestic abuse. We provide 8 sessions of recovery work for each individual; this can be extended where necessary. Young people do not have to report the crime to the police to get support from us. This programme helps young people cope with the impact and effects of domestic abuse

If the safe parent is deemed to be at high risk of DA, a MARAC referral will also be required & an IDVA allocated.

We cover the whole of Cumbria

The below referral form should be completed and sent to:

CYPCumbria@victimsupport.org.uk

For more information contact Senior Operations Manager Justine.parker@victimsupport.org.uk



#### **Registered Chairty Number 1156492**

#### Pause, for thought – support for young women aged 11-19 years

Pause, for thought is a personal development programme offering tailored one-to-one support alongside a rolling educational group

Pause for thought group runs each Thursday afternoon from 4:00-6:30pm.

#### Time, for Thought- support for young men aged 11-19 years old

Time, for thought is a personal development programme offering tailored one to one support alongside a rolling educational group

Time, for Thought group runs each Tuesday afternoon from 4.00 – 6.30pm

We also offer one-to-one support for Young People aged 16-25 with a focus specifically on mental health and wellbeing.

We hold a safe space for young people to build trusted networks, understand their experiences, and deliver trauma informed support. We work holistically with the wider family and involved professionals.

#### Please use the contact details below for referral information

Women's Community Matters, Nan Tait Centre, Abbey Road, Barrow-in-Furness, LA14 1LG

Phone: 01229 311102

E-mail: <a href="mailto:youngpeople@womenscommunitymatters.org">youngpeople@womenscommunitymatters.org</a>

reception@womenscommunitymatters.org

#### Further training, learning and development

A BiteSize online Domestic Abuse Awareness session is availble for educational settings. Please comtact either Mary-

Claire.Telford@cumberland.gov.uk or

Adam.Dawson@westmorlandandfurness.gov.uk dependant on the area your establishment is in. Dates will also be circulated by the CSCP

A one day in person Responding Well to Domestic Abuse training course is availble via this link <u>Eventbrite- Responding Well to Domestic Abuse- Cumbria</u>

Further learning and development is being rolled out across Cumbria. This will be advertised via Cumberland and Westmorland and Furness Safeguarding Children's Partnerships. Please sign up to the Partnership Newsletter to ensure you are kept up to date with upcoming opportunities via these links

Sign up to our Newsletters and 5 Minute Briefings | Cumberland Safeguarding Children Partnership

Westmorland and Furness Council

## Resources available to educational establishments to provide direct support

Pol-Ed is a Police education programme, written by teachers for teachers. Its purpose is to keep children safety developing their understanding of risks, consequences and the law and to develop their resilience and ability to help and support each other

The free resources within Pol-Ed include lesson plans and schemes of work, although lessons can be used to suit your school's needs. They can be used in response to situations, as part of a wider PSHE framework or for different year groups.

All of the resources focus on Police priorities and Ofsted lines of enquiry and are linked to the DfE statutory guidance and PSHE Association Programme of Study to ensure we are best meeting the needs of our young people. Access to the resources remains free for every single school in Cumbria.

A positive force in education | Pol-Ed - A positive force in education

https://www.barnardos.ie/our-services/work-with-families/childhood-domestic-violence-abuse/cdva-practioners-resources/cdva-what-children-young-people-have-to-say/?s=09

**Building Healthy Relationships (padlet.com)** 

The Emotional Health and Wellbeing Padlet is here: <a href="https://padlet.com/jennylofthouse/the-emotional-health-and-wellbeing-team-c18lemesk1zs9s1h">https://padlet.com/jennylofthouse/the-emotional-health-and-wellbeing-team-c18lemesk1zs9s1h</a>

Other tools that my uncover DA: Signs of Wellbeing Map
Neglect in Cumberland | Cumberland Safeguarding Children Partnership

<u>Local Resources | Westmorland and Furness Safeguarding Children</u>
<u>Partnership</u>